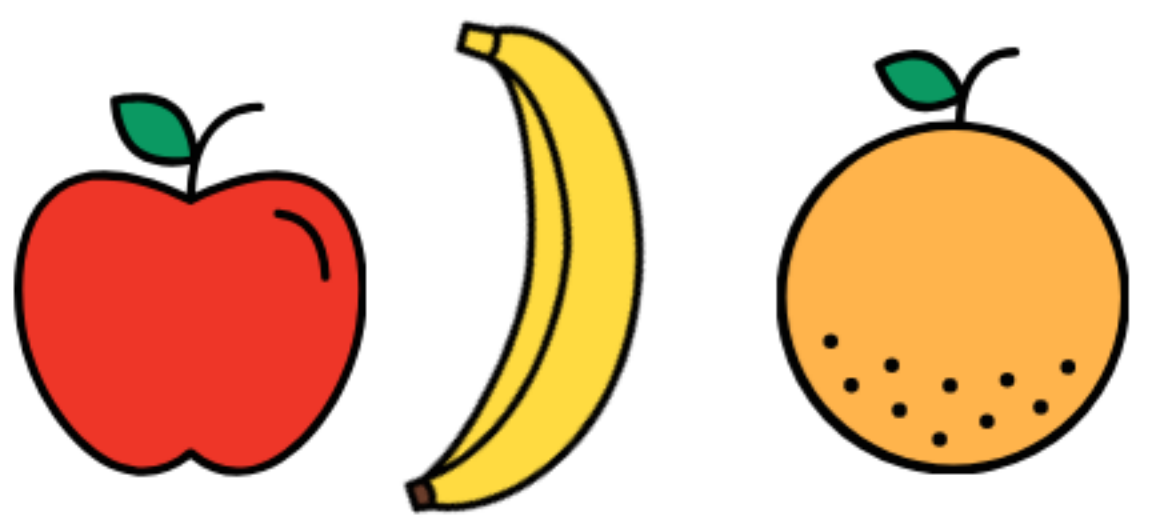


SNACK OPTIONS

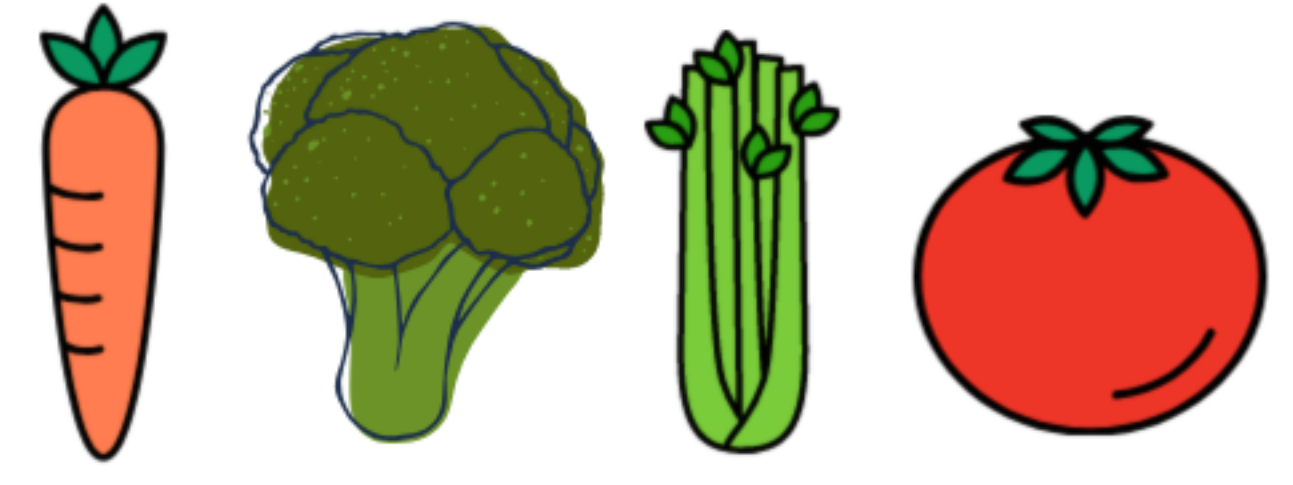


First this...



FRUIT

- Whole apples
- Clementines
- Bananas
- Plums
- Grapes
- Peaches
- Pears
- Berries



VEG

- Carrot sticks
- Celery sticks
- Broccoli florets
- Cucumber slices
- Bell pepper spears
- Cherry tomatoes
- Salad
- Kale chips

PROTEIN

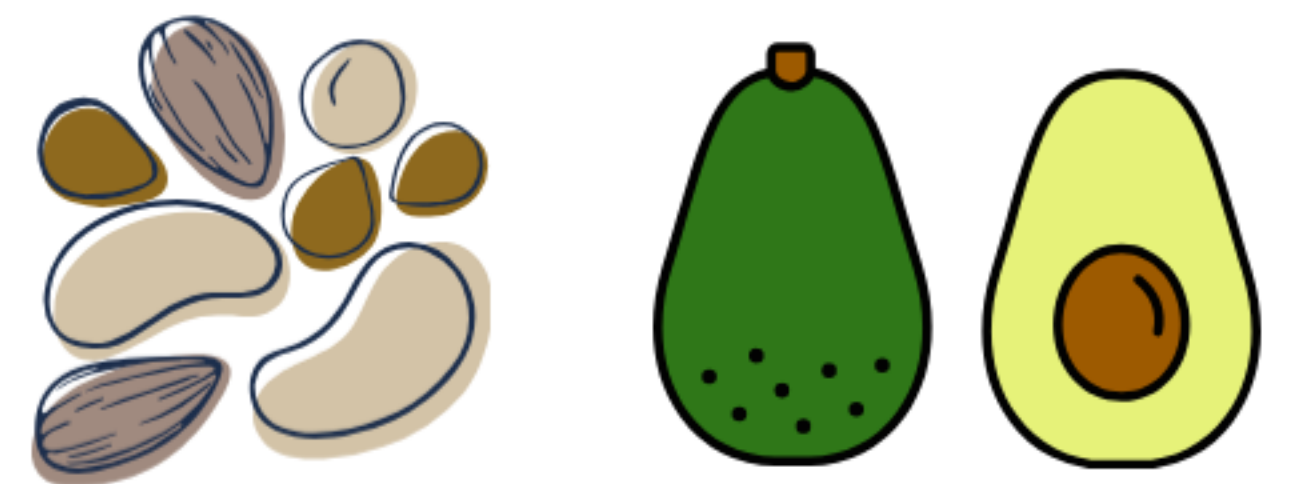
- Hard boiled eggs
- Green pea hummus
- Yogurt & chia seed jam
- Cheese sticks
- Energy balls
- Nuts & seeds
- Roasted chickpeas
- Jerky
- Deli meat & cheese roll-ups

Then this...



WHOLE GRAINS

- Muffins
- Granola bars
- Popcorn
- Healthy cookies
- Healthy crackers



DIPS & SPREADS

- Chips & salsa
- Chips & guacamole
- Veggies & ranch
- Veggies & hummus
- Peanut butter apples
- Peanut butter rice cakes



TREATS

- Fruit sorbet
- Smoothies
- Fruit leather
- Applesauce
- Trail Mix
- Dried fruit
- Gummies
- Pudding cups
- Pickles