

Price @ Aldis		Price @ Costco		Difference*
* (A) = Aldi, (C) = Costco, same = no difference in cost * For each item, the store with the better price is labeled along with the difference in cost. * Example: Organic coconut oil is \$0.07 cheaper per ounce at Costco.				
<b>PANTRY ITEMS</b>				
extra virgin olive oil	3.29/16.9oz	extra virgin olive oil	12.99/2L	same/oz
<b>org</b> coconut oil	4.99/14 fl oz	<b>org</b> unrefined coconut oil	15.39/54oz	(C) -0.07/fl oz
<b>org</b> diced tomatoes	1.49/28oz	<b>org</b> diced tomatoes	5.99/8-14.5oz	same/oz
<b>org</b> spaghetti sauce	1.89/25oz	<b>org</b> spaghetti sauce	6.99/2-25oz	(A) -0.06/oz
dried pasta	1.45/32oz	dried pasta	8.49/7-1lb	(A) -0.03/oz
brown rice	1.19/32oz	<b>org</b> brown rice	13.99/12lbs	(A) -0.04/oz
<b>org</b> chicken broth	1.79/32oz	<b>org</b> chicken broth	10.99/6-32oz	same/oz
minced garlic	1.99/7oz	minced garlic	4.39/48oz	(C) -0.19/oz
whole peppercorns	1.49/1.76oz	whole peppercorns	5.89/12.3oz	(C) -0.37/oz
whole almonds	5.79/12oz	whole almonds	16.89/48oz	(C) -0.13/oz
chia seeds	2.99/5.3oz	<b>org</b> chia seeds	13.84/32oz	(C) -0.25/oz
walnut halves	7.49/16oz	whole walnuts	18.99/3lbs	(C) -0.07/oz
pecans	3.39/6oz	pecan halves	12.99/2lbs	(C) -0.16/oz
dr cranberries	1.19/5oz	Ocean Spray craisins	8.89/64oz	(C) -0.10/oz
raisins	2.89/20oz	<b>org</b> raisins	9.69/2-32oz	(A) -0.01/oz
pure cane sugar	2.29/4lbs	<b>org</b> cane sugar	7.79/10lbs	(A) -0.01/oz
org honey	3.49/12oz	<b>org</b> honey	13.79/3-24oz	(C) -0.10/oz
maple syrup	4.29/8.5oz	<b>org</b> maple syrup	11.49/1L	(C) -0.17/oz
chocolate morsels	1.59/11.5oz	chocolate morsels	9.59/72oz	same/oz
old fashioned oats	2.39/42oz	old fashioned oats	7.99/10lbs	(C) -0.01/oz
wine (merlot)	7.99/1.5L	wine (cabernet)	7.99/1.5L	same/oz

natural peanut butter	1.69/16oz	natural peanut butter	9.99/2-40oz	(A) -0.02/oz
ketchup	1.39/38oz	ketchup	8.64/118oz	(A) -0.04/oz
mayonaise	1.89/30oz	mayonaise	4.99/64oz	(A) -0.01/oz
<b>org</b> blue tortilla chips	1.69/9oz	<b>org</b> yellow tortilla chips	4.89/40oz	(C) -0.06/oz
potato chips	1.49/9.5oz	potato chips	4.89/32oz	same/oz
fruit pouches	1.99/4 pouches	<b>org</b> fruit and vegetable pouches	10.39/12-3.5oz	(A) -0.37/pouch
granola bars	1.79/8oz	granola bars	12.79/48ct- 1.2oz	same/oz
Goldfish	1.85/6.6oz	Goldfish	8.29/58oz	(C) -0.14/oz
<b>org</b> animal cookies	1.69/8oz	<b>org</b> animal cookies	9.99/64oz	(C) -0.06/oz
applesauce	1.89/46oz	applesauce	6.99/3-46oz	(A) -0.01/oz
frosted mini wheats (off-brand)	1.99/18oz	frosted mini wheats (Kelloggs)	8.49/70oz	(A) -0.01/oz
Cheerios (off-brand)	1.69/12.25oz	Cheerios (GM)	5.99/40.7oz	(A) -0.01/oz
multi-grain bread	1.79/20oz	multi-grain bread	4.59/2-28oz	same/oz
tortillas	1.19/17.5oz	tortillas	3.99/63oz	same/oz
croutons	.89/5oz	<b>org</b> croutons	6.99/2lbs	(A) -0.04/oz
bottled water	1.99/24pk	bottled water	3.39/40pk	same/unit

### REFRIGERATED ITEMS

hormone-free milk	2.29/gal	hormone-free milk	2.69/gal	(A) -0.40/gal
eggs	2.99/doz	<b>org</b> eggs	6.99/2 doz	(A) -0.50/doz
shredded mozzarella	2.99/16oz	shredded mozz	10.69/5lbs	(C) -0.05/oz
unsalted butter	2.89/16oz	unsalted butter	8.99/4lbs	(C) -0.04/oz
hummus	1/99/10oz	hummus	5.99/32oz	(C) -0.01/oz
guacamole	2.99/2 8oz pkgs	<b>org</b> Wholly guacamole	8.99/4-12oz	same/oz
Babybel cheese	2.89/4.5oz (6)	Babybel cheese	11.39/32ct	(C) -0.13/unit

sharp cheddar cheese block	1.79/8oz	sharp cheddar cheese block	5.39/2lbs	(C) -0.06/oz
parmesan cheese block	3.99/8oz	parmesan cheese block	7.69/lb	(C) -0.01/oz
sour cream	1.29/16oz	sour cream	4.39/3lbs	(A) -0.01/oz
cream cheese	.99/8oz	cream cheese	5.79/3lbs	same/oz
heavy cream	1.69/16oz	heavy cream	3.79/32oz	(A) -0.01/oz
<b>org</b> ground beef	6.99/lb	<b>org</b> ground beef	5.49/lb	(C) -1.50/lb
thick sliced bacon	4.99/24oz	applewood bacon	12.49/2-2lb	(C) -0.01/oz

### PRODUCE (FRESH & FROZEN)

lemons	1.99/2lb	lemons	7.79/5lbs	(A) -0.03/oz
navel oranges	3.49/3lbs	navel oranges	11.49/13lbs	(C) -0.28/lb
<b>org</b> bananas	.69/lb	<b>org</b> bananas	1.99/bunch	
strawberries	1.49/16oz	strawberries	3.79/2lbs	(A) -0.40/lb
apples	2.99/3lbs	apples	6.99/5.5lbs	(A) -0.28/lb
pears	2.49/2lbs	pears	6.99/6lbs	(C) -0.08/lb
carrots	1.19/2lbs	<b>org</b> carrots	7.29/10lbs	(A) -0.01/oz
cremini mushrooms	1.49/8oz	cremini mushrooms	3.99/24oz	(C) -0.02/oz
bell peppers	2.99/2oz (3)	bell peppers	5.49/6ct	(C) -0.08/unit
cherry tomatoes	1.69/10oz	cherry tomatoes	5.99/2lbs	(A) -0.02/oz
<b>org</b> spring mix	2.49/5oz	<b>org</b> spring mix	4.49/lb	(C) -0.21/oz
<b>org</b> spinach	2.50/5oz	<b>org</b> baby spinach	4.49/1lb	(C) -0.22/oz
celery	1.29/1ct	celery	4.49/4ct	(C) -0.17/unit
avocados	2.79/3ct	avocados	4.89/6ct	(C) -0.12/unit
russet potatoes	3.49/10lbs	russet potatoes	9.99/20lbs	(A) -0.15/lb
whole pineapple	1.49/ea	whole pineapple	2.99/ea	(A) -1.50/unit
<b>org</b> frozen blueberries	2.99/10oz	<b>org</b> frozen wild blueberries	10.99/3lbs	(C) -0.22/oz
<b>org</b> frozen strawberries	2.99/12oz	<b>org</b> frozen whole strawberries	9.99/4lbs	(C) -0.09/oz

HOUSEHOLD ITEMS				
dishwasher detergent	2.49/75oz	dishwasher detergent (Cascade)	9.49/125oz	(A) -0.04/oz
dish soap	1.89/24oz	dish soap	8.59/135oz	(C) -0.01/oz
Tide laundry detergent	9.85/75oz	Tide laundry detergent	19.99/170oz	(C) -0.02/oz
foil	1.99/75ft	foil	15.99/2-250ft	(A) -0.01/ft
plastic wrap	1.49/200ft	plastic wrap	9.99/2-750ft	same/ft
ziploc bags (gal, freezer)	1.99/30bags	ziploc bags (gal, freezer)	13.79/4-38ct	(A) -0.03/unit